

2007 TAM Postal 1650**Results****WOMEN**

Women 18-24 *Stephanie Miller, 22, 2005, CRUZ, 18:35.70*

- 1 Monica Carney 24 CRUZ 20:51.50
- 2 Kathryn Gray 22 CRUZ 20:52.80

Women 25-29 *Julie Davis, 25, 1999, MVM, 18:59.02*

- 1 Elizabeth Dane 27 CRUZ 19:48.40
- 2 Mindy Williams 25 NEM 20:33.00
- 3 Allison Athens 25 CRUZ 22:39.50
- 4 Alexia A. Valdes 25 CRUZ 25:55.00

Women 30-34 *Nadine Day, 33, 2004, IM, 18:22.43*

- 1 Shannon Wolford 34 TAM 19:43.10
- 2 Kelly Newton 30 CRUZ 21:26.40
- 3 Sara Bothwell 31 CRUZ 22:27.00
- 4 Karla Rees 34 MVM 22:50.20
- 5 Adina Kletter 33 MVM 23:21.00
- 6 Mary Collie 30 TAM 23:24.10
- 7 Michaela Van Noord 32 TCAM 23:54.20
- 8 Robin Soares 33 MVM 23:54.20
- 9 Junko Bryant 34 TAM 24:11.00

Women 35-39 *Suzanne Heim, 38, 1997, TERA, 18:14.66*

- 1 Casey Slater 35 TCAM 19:23.00
- 2 Heather Lugassy 36 TAM 20:14.10
- 3 Marta Bechhoefer 39 CRUZ 22:19.70
- 4 Bridget Bailie 37 ISF 23:17.80
- 5 Jami Andrews 38 MVM 24:10.40
- 6 Mary Sylla 39 TAM 25:55.30
- 7 Dawn Franklin 37 NCMS 26:09.00
- 8 Shannon Singer 37 PNA 26:41.50
- 9 Ruth Williams 38 TAM 27:56.80
- 10 Amy Sievers 39 TAM 33:14.00

Women 40-44 *Marguerite Meyer, 44, 2004, TOC, 19:21.23*

- 1 Catheryne Di Prete 43 TAM 20:42.50
- 2 Marcia Cleveland 42 IM 20:44.90

- 3 Carolyn Duffield 40 ARIZ 21:24.50
- 4 Joan McCallum 43 CRUZ 22:20.50
- 5 Mari Catherine 43 CAMS 25:58.20
- 6 Lynne Lasser 44 IM 27:42.10
- 7 Sherri Plunkett 40 UNAT 28:16.20

Women 45-49 *Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78*

- 1 Marguerite Meyer 47 TOC 19:25.70
- 2 Barb Wheeler 49 TAM 21:19.20
- 3 June C. Hussey 45 ARIZ 22:07.30
- 4 Anne Claman 49 TAM 23:21.60
- 5 Jessica Jakobi 48 TAM 23:53.60
- 6 Mary Ann Stich 45 TAM 23:59.90
- 7 Margaret Allen 47 WMST 28:35.00
- 8 Christine Miller 47 MVM 29:51.50
- 9 Tracy Shoemaker 46 WMST 31:05.20
- 10 Nancy Freedman 46 TCAM 32:17.30
- 11 Sue Moucha 48 BLUE 38:16.60
- 12 Cheryl B. Grabowski 48 MVM 40:39.60

Women 50-54 *Laura Val, 53, 2005, TAM, 19:01.00*

- 1 Mary Welsh 53 TCAM 22:22.20
- 2 Pamela Ogden 50 MINN 25:57.00
- 3 Chris Foote 53 TAM 28:10.90
- 4 Linda Hopsen 51 TCAM 29:04.20
- 5 Laurie Perry 52 TCAM 29:52.20
- 6 Rita Wolf 52 TCAM 31:16.10
- 7 Barbara Mailloux 54 TCAM 32:15.60
- 8 Nancy Roddy 50 TCAM 35:44.70

Women 55-59 *Laura Val, 55, 2007, TAM, 19:19:30 ** NEW RECORD***

- 1 Laura Val 55 TAM 19:19.30
- 2 Cookie De Gennaro 55 TCAM 26:36.60
- 3 Sheryl Parola 58 TCAM 28:44.50
- 4 Juliet Felkins 58 ARKM 30:28.20
- 5 Marilyn Richardson 57 TCAM 45:46.00

Women 60-64 *Nancy Ridout, 64, 2006, TAM, 24:05.80*

- 1 Stephanie Scott 60 WCM 26:52.80
- 2 Alice Dale 60 TCAM 28:48.70

3 Ruth Garretson 61 TCAM 29:31.50
 4 Glenda Carroll 63 TAM 29:31.80
 5 Gail Rodd 64 TCAM 30:31.90
 6 Julie McVicker 63 TCAM 30:35.30
 7 Tracy Russell 61 TCAM 31:47.30
 8 Connie Birdsall 61 TCAM 32:49.40
 9 Meredith Pechoultres 63 TAM 33:18.50
 10 Alida Canale 61 CRUZ 33:41.00
 11 Marsha Hansen 60 PNA 34:21.90
 12 Susan Paris 60 SKY 34:25.40
 13 Diane Wright 61 TCAM 35:09.90
 14 Connie Williams 60 TCAM 35:45.50
 15 Bobbi Malone 64 ARIZ 36:05.00

Women 65-69 *Susan Munn, 65, 2004, DAM, 25:20.90*

1 Susan Munn 68 DAM 26:53.60
 2 Mary Schulz 68 AKMS 31:30.00
 3 Beverly Linnihan 68 ARIZ 34:18.00
 4 Malinda Case 65 ARIZ 36:15.00
 5 Lolly Owens 67 TCAM 39:36.00
 6 Nancy Rabin 69 UNAT 43:03.00
 7 Kathleen Lawrence 65 ARIZ 46:43.00

Women 70-74 *Margery Meyer, 74, 1997, TOC, 27:56.51*

1 Mary Alexandre 71 TAM 32:23.20
 2 Toni Wivell 70 TCAM 41:18.90

Women 75-79 *Margery Meyer, 75, 1998, TOC, 28:03.79*

1 Lisa Bogatko 77 ARIZ 32:37.30

Women 80-84 *Margery Meyer, 82, 2005, TOC, 31:09.25*

1 Margery Meyer 84 TOC 33:33.00
 2 Bea Heim 81 TAM 40:16.60
 3 Gloria Stupfel 80 SMMM 46:37.00
 4 Charlotte Sanddal 84 UNAT 53:37.00

MEN

Men 18-24 *Ryan Woodruff, 20, 2001, GSC, 17:52.67*

1 Sean Emadzadeh 21 CRUZ 18:41.60
 2 David Fowler 18 CRUZ 21:11.30

Men 25-29 *Pieter deHart, 28, 2007, NEM, 18:42.40** NEW RECORD***

1 Pieter deHart 28 NEM 18:42.40
 2 Li Moore 28 MVM 24:34.10
 3 Brian Klein 27 TAM 25:14.80

Men 30-34 *Blake Porch, 30, 2002, AAM, 17:24.35*

1 Lawrence Suen 32 MVM 24:08.10
 2 Michael Dittman 34 UNAT 26:28.00
 3 James S. Cisneros 34 CRUZ 30:14.30

Men 35-39 *Andrew Scheiner, 38, 2007, STAN, 17:01.40** NEW RECORD***

1 Andrew Scheiner 38 STAN 17:01.40
 2 Adam Steckley 36 CRUZ 19:51.40
 3 Troy Soares 38 MVM 22:25.00
 4 Douglas Esch 39 ARIZ 23:14.10
 5 Greg Sousa 37 NCMS 23:35.20
 6 Derek Minihane 37 MVM 25:20.00
 7 Marcelo Castro 39 MVM 25:45.60
 8 Charles Wu 37 MVM 27:24.30

Men 40-44 *Jim Stewart, 40, 1997, MINN, 17:43.62*

1 Gerard Leutner 42 WMST 20:00.70
 2 Sherwick Min 40 MVM 21:39.20
 3 Hendrik Meerman 44 CRUZ 21:47.00
 4 Jon Haveman 42 TAM 22:00.70
 5 Utley Noble 43 UNAT 22:10.60
 6 Dave LeRoy 43 MVM 23:31.90
 7 Terry Miyauchi 41 ARIZ 27:55.50
 8 Lee Suggs 44 TCAM 28:07.90

Men 45-49 *Greg Meyers, 48, 2000, TAM, 19:22.19*

1 Joe Delaney 45 TAM 19:36.30
 2 Dave Sebastian 45 IM 19:37.00
 3 Chris Campbell 45 MVM 21:21.70
 4 Bob Stenz 45 MVM 21:45.20

5 Rick Risso 48 CRUZ 22:02.00
6 Peter Turner 47 SPCO 22:38.20
7 Andy Mascheroni 49 TAM 22:56.40
8 David Champagne 46 TAM 30:37.00

Men 50-54 *Sandy McDonald, 51, 2007, SMST, 17:34.30 ** NEW RECORD***

1 Sandy MacDonald 51 SMST 17:34.30
2 Geoff Spellberg 50 TAM 20:34.70
3 Jim Tull 53 TAM 21:39.10
4 Coak Matthews 52 ARKM 21:46.80
5 Sergio Silva 51 TAM 22:20.90
6 Philip Jonckheer 54 TAM 22:41.60
7 Chuck Kiel 50 TCAM 23:40.40
8 Richard Carlson Jr. 54 GSM 24:02.00
9 Alan Parker 54 MOVY 26:17.20
10 Ken Freund 54 PWM 26:48.00
11 Kevin Johnson 52 UNAT 26:57.00
12 Norman Lopera 54 TCAM 27:20.60
13 Thomas Mistele 53 TAM 27:43.10
14 John Benson 51 IM 30:00.60
15 Michael Goodwin 53 UNAT 32:21.90
16 Paul Burdick 51 CRUZ 32:33.00
17 Thomas Cassou 53 TAM 42:27.00

Men 55-59 *Joel Wilson, 58, 2007, CRUZ, 19:11.40** NEW RECORD***

1 Joel Wilson 58 CRUZ 19:11.40
2 Dan Winterrowd 56 BAY 23:48.70
3 Bob Nelson 59 MESC 24:44.00
4 James Stambolis 59 TAM 26:48.80
5 Richard Wheeler 56 TAM 27:41.90

Men 60-64 *Richard Burns, 63, 2007, TAM, 20:59.50** NEW RECORD***

1 Richard Burns 63 TAM 20:59.50
2 Kenneth Frost, Jr. 62 TAM 21:41.10
3 Gary Parlapiano 60 TAM 22:02.80
4 David Harmer 60 TCAM 22:05.80
5 Larry N. Daniels 61 TCAM 23:49.70
6 Rick Meyerhoff 60 TAM 24:27.00
7 Morgan Edwards 62 CMS 24:57.50
8 Fred Stein 60 ECYM 25:01.00

9 John Clark 60 WMST 26:36.00
10 James Fair 60 ECYM 27:12.20
11 Ben Wright 64 TAM 27:21.50
12 John Welton 60 ARIZ 28:19.70
13 Allen Silver 62 TCAM 37:06.50

Men 65-69 *Dave Fairfield, 66, 2006, TCAM, 22:39.12*

1 Barry Fasbender 69 STAN 24:36.60
2 Hank Russell 69 TCAM 31:29.40
3 John Williams 67 TCAM 46:01.90

Men 70-74 *Ed Kerswill, 70, 1997, MVM, 24:55.44*

1 Robert Cook 74 TAM 27:37.70
2 William Grohe 74 USF 29:02.90
3 John Rapp 72 UNAT 29:42.20
4 Bob Garretson 73 TCAM 32:31.00

Men 75-79 *Ray Taft, 76, 1996, SMMM, 24:48.87*

1 Don Stupfel 79 SMMM 34:40.00
2 Seymour Boorstein 75 TAM 34:52.50
3 Jerry Rodder 78 MVM 40:39.60
4 Keith Burbridge 78 BLUE 54:09.60

Men 85-89 *William Johnston, 86, 2005, WCM, 43:06.01*

1 William Johnston 88 WCM 58:47.20