

## 2008 TAM Postal 1650 Results

### WOMEN

Women 18-24 *Stephanie Miller, 22, 2/28/2005, CRUZ, 18:35.70*

1	Sara Jane Delcambre	24	AMS	22:51.61
2	Lindsay Shoemaker	22	WMST	25:01.99
3	Laurel Tanza	24	CRUZ	25:20.45
4	Dana Litoff	23	IM	28:26.96

Women 25-29 *Julie Davis, 25, 1999, MVM, 18:59.02*

1	Elizabeth Dane	28	CRUZ	19:44.80
2	Monica Carney	25	CRUZ	21:02.80
3	Jenifer Bronson	26	SCAQ	22:45.21
4	Michele Robinson	28	TAM	23:03.45
5	Rachel Rivera	29	DLMA	23:27.19

Women 30-34 *Nadine Day, 33, 2004, IM, 18:22.43*

1	Kelly Newton	31	CRUZ	21:33.99
2	Hope Roberts	31	MSM	22:08.55
3	Sara Bothwell	32	CRUZ	22:19.45
4	Adina Kletter	34	MVM	22:28.29
5	Janet Wang	34	MVM	28:29.25
6	Summyr Fien	31	MSM	29:37.55

Women 35-39 *Suzanne Heim, 38, 1997, TERA, 18:14.66*

1	Casey Slater	36	TCAM	19:10.49
2	Amy Whitesides	35	CRUZ	20:20.58
3	Heather Lugassy	37	TAM	20:31.60
4	Cynthia Hertzner	38	CRUZ	21:52.11
5	Beth Williams	38	VMST	22:25.85
6	Bridget Bailie	38	ISF	22:52.16
7	Karla Rees	35	MVM	23:28.05
8	Jami Andrews	39	MVM	24:54.75
9	Dawn Franklin	38	NCMS	25:36.27
10	Susanne Michaels	37	MSM	25:55.55
11	Julie Sturgeon	38	CMS	28:25.55
12	Lucia Panini	39	ECYM	28:49.29
13	Nicole Cook	35	AMS	29:14.07
14	Sarah Dicroce	35	CMS	29:50.55
15	Lea Chiquito	39	NCMS	39:20.03

Women 40-44 *Marguerite Meyer, 44, 2004, TOC, 19:21.23*

1	Catherlyne Diprete	44	TAM	20:33.23
2	Marcia Cleveland	43	IM	20:58.69
3	Nicole Vanderpoel	43	CMS	21:04.62
4	Ann Alston	40	AMS	21:45.23
5	Lisa Whitaker	43	DLMA	21:58.75
6	Marta Bechhoefer	40	CRUZ	22:19.60
7	Joan McCallum	44	CRUZ	22:20.29
8	Judy Ford	43	MSM	23:20.55
9	Kelley Ryan-Warner	44	TAM	24:02.35
10	Michele Guthrie	40	TCAM	24:21.13
11	Adrienne Kramer	42	AMS	25:23.39
12	Ellen Beraud	44	KMAN	26:15.55
13	Kelly Dakin	43	NSLO	26:45.05
14	Sherri Plunkett	41	UNAT	26:50.58
15	Stephanie Goodwin	41	WMST	27:15.14
16	Laurie Dunlap	43	DAMM	29:01.04
17	Lydia Corser	44	CRUZ	30:58.55
18	Flavia Zappa	40	SPM	32:05.25
19	Laurie Ladow	40	IAMP	32:11.00
20	Karen Hansen	42	MSM	33:42.55
21	Kelly Golden	44	WMST	35:46.11
22	Janet Sussman	43	TIM	44:58.14

Women 45-49 *Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78*

1	Andrea Block	45	IM	20:10.10
2	Kathleen Steffe	45	CMS	21:19.15
3	Heidi Kafka	45	IM	21:48.10
4	Annette Chinn	46	BEAR	22:00.82
5	Melanie Dullea	46	CMS	22:01.46
6	Peggy Schindler	47	AMS	23:34.29
7	Jessica Jakobi	49	TAM	23:42.00
8	Karene Millar	45	MVM	23:59.26
9	Claire Lavery	48	ECAM	24:07.55
10	Susan Nolte	46	CMS	24:20.31
11	Dana Brewer	48	UNAT	24:30.20
12	Nancy Prier	48	KMAN	24:37.23
13	Steve Kahl	45	CMS	24:38.15
14	Kristine M. Kellogg	45	SDS	25:26.40
15	Karen Waska	48	KMAN	25:47.55

16 Lynne Lasser	45 IM	26:23.28
17 Margaret Allen	48 WMST	27:03.95
18 Shari Heymann	46 IM	27:23.87
19 Mary Ann Stich	46 TAM	28:42.40
20 Laurie Andrews	46 LCM	32:06.12
21 Barbara Molloy	46 DAM	34:58.50
22 Jane A Gerlowski	49 WMST	36:27.29

Women 50-54 *Laura Val, 53, 2/12/2005, TAM, 19:01.00*

1 Barb Wheeler	50 TAM	21:57.75
2 Judy Eisenman	54 TAM	22:29.02
3 Anne Claman	50 TAM	24:16.86
4 Pamela Ogden	51 MINN	25:15.49
5 Jennifer Glenesk	50 KMAN	26:46.42
6 Janet Taylor	54 WMST	27:33.23
7 Chris Foote	54 TAM	27:55.30
8 Catherine Lee	52 OMM	30:30.27
9 Marianne Jordan	54 BOWD	31:43.00
10 Martha J. Lee	54 OMM	31:46.97
11 Rita Wolf	53 TCAM	31:48.49
12 Aimee Bennett	51 CMS	32:42.88
13 Carol Rossiter	54 MSM	35:08.55
14 Julie Hacker	50 IM	35:16.38

Women 55-59 *Laura Val, 55, 2/17/2007, TAM, 19:19:30*

1 Judith Blaney	55 CMS	23:17.55
2 Kathy Umbdenstock	56 VMST	23:21.19
3 Ellen Rockholm	59 SMST	23:55.55
4 Jennie Rogers	55 AMS	24:32.79
5 Cookie DeGennaro	56 TCAM	26:44.18
6 Sheila Monaghan	59 TCAM	27:38.14
7 Sheryl Parola	59 TCAM	29:29.69
8 Barbara H. Phillips	57 MAM	29:56.41
9 Susan Goodlerner	55 MMM	31:45.55
10 Barbara Mailloux	55 TCAM	33:31.57
11 Karen Moorman	56 DAMA	35:27.96
12 Marilyn Richardson	58 TCAM	42:52.48

Women 60-64 *Nancy Ridout, 64, 2/18/2006, TAM, 24:05.80*

1 Sally A. Dillon	61 PNA	24:44.78
2 Marcia Anziano	62 CMS	26:39.25

3	Pat Fruin	64	MMM	28:03.55
4	Glenda Carroll	64	TAM	28:52.85
5	Tracy Russell	62	TCAM	32:26.30
6	Lynn Francis	63	MOST	35:27.55
7	Diane Renshaw	62	MVM	40:19.25
8	Dolores Lopez-Cardenas	61	WMST	40:44.70
9	Jennifer Johnston	60	CUBU	45:46.11
10	Kathleen Lawrence	63	ARIZ	47:49.02

Women 65-69 *Susan Munn, 65, 2004, DAM, 25:20.90*

1	Joann Leilich	69	WMST	26:58.28
2	Patricia M. Bond	69	FMM	27:34.51
3	Susan Munn	69	DAM	28:33.45
4	Gail Rodd	65	TCAM	30:27.79
5	Karen Zentgraf	66	CMS	31:51.28
6	Malinda Case	66	ARIZ	33:10.80
7	Carol J. Harris	68	TCAM	35:47.00
8	Claire Gregg	66	MOST	39:44.38
9	Fran Marquart	65	PNA	48:13.00

Women 70-74 *Jane Oberg, 70, 2/17/2008, CMS, 26:52.83 \*\*NEW RECORD\*\**

1	Jane Oberg	70	CMS	26:52.83
2	Nana Whalen	70	LMC	34:05.37
3	Toni Wivell	71	TCAM	38:42.48

Women 75-79 *Margery Meyer, 75, 1998, TOC, 28:03.79*

1	Edie Gruender	79	ARIZ	35:28.15
2	Barbara Eisele	77	LCM	37:11.97

Women 80-84 *Margery Meyer, 82, 1/23/2005, TOC, 31:09.25*

1	Bea Heim	82	TAM	42:52.05
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Women 85-89 *Margery Meyer, 85, 1/29/2008, TOC, 35:19.10 \*\*NEW RECORD\*\**

1	Margery Meyer	85	TOC	35:19.10
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## MEN

Men 18-24      *Ryan Woodruff, 20, 2001, GSC, 17:52.67*

1	Scott Blasingame	24	UNAT	21:21.00
2	Nathan Helming	24	TAM	23:53.00

Men 25-29      *Pieter deHart, 28, 1/28/2007, NEM, 18:42.40*

1	Larry Baeder	26	CRUZ	21:36.27
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Men 30-34      *Blake Porch, 30, 2002, AAM, 17:24.35*

1	Brad Zoeller	30	IM	20:23.88
2	Michale Cox	30	CMS	21:06.55

Men 35-39      *Andrew Scheiner, 38, 1/27/2007, STAN, 17:01.40*

1	Andrew Scheiner	39	STAN	17:31.17
2	Keith Benson	35	TAM	20:04.45
3	Matt Cook	37	AMS	20:23.85
4	Adam Steckley	37	CRUZ	20:34.92
5	Carlton Craig	37	AMS	23:38.04
6	Rohan Mahy	37	CRUZ	25:49.02
7	Charles Wu	38	MVM	25:57.95
8	Paul Foronda	36	MVM	28:14.74
9	Hery Kamimura	38	CRUZ	30:02.50

Men 40-44      *Jim Stewart, 40, 1997, MINN, 17:43.62*

1	Frank Kriegler	42	AMS	19:51.53
2	Charles Hurst	42	DLMA	20:12.75
3	Jon Haveman	43	TAM	20:31.63
4	Sherwick Min	41	MVM	21:34.25
5	Greg Dorn	40	MMM	22:06.50
6	Daniel Muth	41	MMM	22:27.37
7	Douglas Esch	40	ARIZ	24:40.78
8	Frank Buckley	44	MMM	25:58.55
9	Chris Dicroce	42	UNAT	29:52.55
10	Pat Powers	42	CRUZ	30:55.84

Men 45-49      *Dave Sebastian, 46, 1/17/2008, IM, 18:55.04 \*\*NEW RECORD\*\**

1	Dave Sebastian	46	IM	18:55.04
2	Jim Simpson	47	FACT	19:19.60
3	Chris Tainty	47	CRUZ	19:25.66
4	Daniel Smith	45	PNA	19:30.44
5	Joe Delaney	46	TAM	19:49.73

6 Dan Wirls	47 CRUZ	20:03.90
7 John Parker	45 CRUZ	20:09.41
8 Bob Stenz	46 MVM	20:31.81
9 David Barnes	45 MMM	20:34.55
10 Chris Campbell	46 MVM	21:03.12
11 Larry Hartley	48 AMS	21:10.88
12 Peter Turner	48 SPCO	21:45.00
13 Craig Watkins	49 UNAT	21:54.98
14 Chuck Neumann	49 MVM	22:23.51
15 Rick Risso	49 CRUZ	22:42.82
16 Michael Bickel	47 KMAN	24:15.55
17 Kenet Adamson	49 AMS	24:23.70
18 Greg Scott	48 CMS	24:39.55
19 Jeff Weit	48 KMAN	26:59.55
20 William P. Sulik	49 SDSM	36:16.95
21 Lesmond Saunders	45 SDS	44:22.85

Men 50-54      *Sandy McDonald, 51, 1/12/2007, SMST, 17:34.30*

1 Christopher Nolte	51 CMS	19:31.55
2 Jim Hinton	53 AMS	21:22.25
3 Mark Glenesk	52 KMAN	23:32.94
4 Howard B. Craddock	54 VMST	24:10.59
5 Bill Wolfe	50 AMS	25:41.80
6 Tim Eckles	52 KMAN	26:44.55
7 John Robbins	54 DLMA	26:52.76
8 William Wulftange	53 SNM	27:04.36
9 Thomas Mistele	54 TAM	27:28.15
10 Kevin Johnson	53 UNAT	27:50.55
11 Leonard E Gerlowski	50 WMST	29:01.59
12 Fred Church	52 ARKM	30:16.59

Men 55-59      *Jim Clemmons, 57, 1/19/2008, MAM, 18:18.29\*\*NEW RECORD\*\**

1 Jim Clemmons	57 MAM	18:18.29
2 Joel Wilson	59 CRUZ	19:56.86
3 Bruce Kocsis	55 MMM	20:32.55
4 Philip Jonckheer	55 TAM	21:40.75
5 John Shrum	59 VMST	22:25.10
6 Alan Parker	55 MOVY	25:31.33
7 Jim Cahillane	55 DLMA	26:01.85
8 Norman Lapera	55 TCAM	26:06.18
9 Robert Kapust	56 MMM	27:25.80

10	Jon Picker	57	WMST	27:35.38
11	Ken Freund	55	PWM	27:36.50
12	Craig Rossiter	58	MSM	38:49.55

Men 60-64      *Richard Burns, 63, 2/17/2007, TAM, 20:59.50*

1	Kenneth Frost, Jr.	63	TAM	21:45.85
2	Gary Parlapiano	61	TAM	22:01.02
3	David Vail	64	MESC	22:14.82
4	Charles Milam	62	MMM	22:29.83
5	Bill Burson	62	CMS	22:46.55
6	David Darst	64	FACT	22:56.30
7	Tom Bourke	61	MMM	25:59.10
8	Fred Stein	61	ECYM	26:10.01
9	James Stambolis	60	TAM	26:16.41
10	James Fair	61	ECYM	27:28.88
11	James Hallett	60	MMM	29:30.55
12	Barry Trump	60	MCMS	38:37.16
13	Patricia Kestelyn	61	WMST	40:19.25

Men 65-69      *Dave Fairfield, 66, 1/15/2006, TCAM, 22:39.12*

1	Jon Nelson	69	CRUZ	31:39.22
2	Art Fitzgerald	68	TIM	40:34.42

Men 70-74      *Ed Kerswill, 70, 1997, MVM, 24:55.44*

1	John Rapp	73	UNAT	30:44.68
2	William Grohe	74	USF	32:12.03

Men 75-79      *Ray Taft, 76, 1996, SMMM, 24:48.87*

1	Keith Burbridge	79	BLUE	56:57.03
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