

## TAM MASTERS 1650 MIRACLE MILE RECORDS - WOMEN

Women 18-24	Shoemaker, Lara, 22, 2010, WMST, 17:33.95
Women 25-29	Laurin Weisenthal, 25, 2009, MVM, 17:57.07
Women 30-34	Nadine Day, 33, 2004, IM, 18:22.43
Women 35-39	Suzanne Heim, 38, 1997, TERA, 18:14.66
Women 40-44	Tesla Profumo, 40, 2018, CRUZ, 19:14.38
Women 45-49	Suzanne Heim-Bowen, 45, 2004, WCM, 18:06.78
Women 50-54	Laura Val, 53, 2005, TAM, 19:01.00
Women 55-59	Laura Val, 58, 2010, TAM, 18:47.10
Women 60-64	Laura Val, 61 2013, TAM, 19:44.06
Women 65-69	Ellen Rockholm, 66, 2015, KMAN, 23:23.92
Women 70-74	Nancy Ridout, 70, 2012, TAM, 26:43.90
Women 75-79	Patricia Bond, 75, 2014 FMM 27:43.76
Women 80-84	Patricia Bond, 80, 2018 SYSM, 30:12.20
Women 85-90	Mary Alexander, 85. 2021 TAM, 35:20.28